

CURRICULUM VITAE

Denise Corcoran ([Thrifty By Design](#)) is a community catalyst, crafter extraordinaire and upcycler of things based in North Vancouver, BC. Her passion is to turn 'junk' into new and funky pieces. From refinishing furniture rescued from the dump to repurposing discarded items like wine corks into jewelry, there is no limit to what a bit of time and know-how can create. And save from the landfill.

Sharing her enthusiasm for crafting and upcycling, Denise facilitates 'Crafternoons' throughout Vancouver where participants of all ages and skill levels learn how to make things from unorthodox materials. She has also taught a series of classes called Crafting with 'Crap' at a local university and at conferences. She was a featured panelist at the [Craft Council of BC](#) talk called 'Craft, The Environment & Our Community' and was the inaugural BC Champion for the fourth annual [Culture Days](#), a national, nonprofit 3-day event promoting culture throughout Canada. In addition, Denise writes for the Salvation Army sharing simple DIYs for their [digital blog](#) as a Creative Expert and the Nifty Thrifty column for the print publication, [Faith & Friends](#).

Denise is also a published author writing a crafty book in 2015 called [Raw Crafts: 40 Projects from Hemp, Jute, Burlap and Cork](#) through [Lark Crafts](#).

ARTICLES ABOUT THRIFTY BY DESIGN

2017

- **January 9th:** [TBD and crafty book feature](#), Ming Pao Newspaper (Canada) Ltd.

2016

- **August 1st:** [Home decor feature](#), Ming Pao Newspaper (Canada) Ltd.
- **May 27th:** [Artist Interview: Denise Corcoran](#), Papergirl YVR
- **March 16th:** [North Vancouver woman pens book about making crafts from 'raw' materials](#), North by Northwest, CBC News

2015

- **November 11th:** [HOME IDEAS: North Vancouver author thrifty by design](#), North Shore News.
- **April 2nd:** [Championing Arts and Culture in BC](#), Culture Days blog.
- **January 22nd:** [Crafting New Uses From Discarded Items](#), Squamish Chief.
- **January 21st:** [Hello Wonderful](#), Tara Galuska.

2013

- **December 18th:** [Upcycling updates ornaments](#), North Shore News.
- **October 18th:** [North Shore Culture Days Kick Off](#), North Shore News.
- **September 25th:** [Culture Days opens doors to the arts](#), North Shore News.
- **September 25th:** [Culture Day events come to the North Shore](#), North Shore Outlook.
- **August 19th:** Feature interview, Made in Magazine.

2012

- **December 17th:** [Monthly Maker 2012 Holiday Wrap-Up](#), Canada Arts Connect Magazine.
- **January 30th:** [Monthly Maker feature](#), Canada Arts Connect Magazine.

RADIO & TV SEGMENTS

2016

- **March 12th:** [Crafting with 'Crap', Crafternoons and my Crafty Book](#), CBC Radio's North by Northwest.

RADIO & TV SEGMENTS (CON'T)

2014

- **December 23rd**: [Last Minute Xmas Crafts](#), CBC Radio's The Morning Edition.
- **December 11th**: [DIY Ornaments for the Holidays](#), Shaw TV's go! West Coast.

2013

- **September 25th**: [Culture Days segment](#), CTV Morning Live.

ARTICLES WRITTEN BY THRIFTY BY DESIGN

2023

- **Monthly**: Creative Expert, Salvation Army Thrift Store blog
- **Bimonthly**: Nifty Thrifty column, Salvation Army Faith & Friends publication

2022

- **Monthly**: Creative Expert, Salvation Army Thrift Store blog
- **Bimonthly**: Nifty Thrifty column, Salvation Army Faith & Friends publication

2021

- **Monthly**: Creative Expert, Salvation Army Thrift Store blog
- **Bimonthly**: Nifty Thrifty column, Salvation Army Faith & Friends publication

2020

- **Monthly**: Creative Expert, Salvation Army Thrift Store blog
- **Bimonthly**: Nifty Thrifty column, Salvation Army Faith & Friends publication

2019

- **Monthly**: Creative Expert, Salvation Army Thrift Store blog
- **Bimonthly**: Nifty Thrifty column, Salvation Army Faith & Friends publication

2018

- **Monthly**: Creative Expert, Salvation Army Thrift Store blog
- **Bimonthly**: Nifty Thrifty column, Salvation Army Faith & Friends publication

2017

- **Monthly**: Creative Expert, Salvation Army Thrift Store blog

2016

- **June**: DIY Superstar, Cut Out + Keep
- **May 18th**: Upcycled Burlap Hanging Planter DIY, Homestead Junction

2015

- **December 5th**: DIY: Adding Bling to Thrift Store Finds, LowerLonsdale.ca
- **October 17th**: DIY: Wine Cork Jewelry, LowerLonsdale.ca
- **August 31st**: DIY: Upcycled Wall Art, LowerLonsdale.ca
- **July 19th**: DIY: Burlap Milk Carton Planter, LowerLonsdale.ca
- **June 7th**: DIY Burlap Hanging Planter, LowerLonsdale.ca.
- **April 14th**: DIY Reloving a Thrift Store Vase, LowerLonsdale.ca.
- **February 20th**: DIY Repurposing T-Shirts into Pillow Cases, LowerLonsdale.ca.

ARTICLES WRITTEN BY THRIFTY BY DESIGN (CON'T)

- **February 11th**: DIY Lavender Sachets, LowerLonsdale.ca.
- **February 6th**: DIY Mittens Using Repurposed Sweaters and Scarves, LowerLonsdale.ca.
- **January 15th**: DIY Recycled Wood Organizer, LowerLonsdale.ca.

2014

- **December 14th**: DIY Reusable Christmas Packaging, LowerLonsdale.ca.
- **November 29th**: DIY Xmas Decor Using Upcycled Materials, LowerLonsdale.ca.
- **May 21st**: How to Upcycle Salvaged Wood and Old Drawer Pulls into a Swanky Organizer, Made in Magazine.
- **February 18th**: How to Make Felted Upcycled Wool Flower Brooches Tutorial, Made in Magazine.

2013

- **November 18th**: How to Make Upcycled Wine Cork Earrings Tutorial, Made in Magazine.
- **September 18th**: Culture Days 2013 is coming, Made in Magazine blog.
- **August 16th**: Upcycling with Thrifty By Design, Culture Days blog.

UPCYCLING WORKSHOPS

2022

- **November 26th**: “The Future” Crafternoon, North Vancouver City Library. We crafted future universes and self-portraits out of donated materials.

2021

- **December 9th**: Holiday Crafts & Music, North Vancouver City Library. We crafted Xmas decorations out of cardboard and donated materials.
- **April 22nd**: Earth Day Upcycling, Coquitlam Heritage. We partnered for a virtual presentation about upcycling as part of their “Heritage Live!” series.

2020

- No workshops due to COVID-19.

2019

- **December 15th**: Christmas in the Village, North Vancouver Recreation & Culture. We repurposed sticks and pine cones into Xmas ornaments and decor.
- **December 8th**: Christmas in the Village, North Vancouver Recreation & Culture. We repurposed sticks and pine cones into Xmas ornaments and decor.
- **December 7th**: Xmas Crafternoon, North Vancouver City Library. We refashioned old Xmas ornaments.
- **November 14th**: Waste Not Workshop, Workshop Wednesdays. We upcycled Mason jars into decor and reusable packaging.
- **October 26th**: Halloween Crafternoon, North Vancouver City Library. We refashioned pieces of dowel magical Harry Potter inspired wands.
- **August 21st**: Live & Local Culture Series 2019, North Vancouver Recreation & Culture. We traced our hands then crafted animals and creatures out of the cut out hands.
- **August 7th**: Live & Local Culture Series 2019, North Vancouver Recreation & Culture. We refashioned plastic plates into guitars.
- **July 10th**: Live & Local Culture Series 2019, North Vancouver Recreation & Culture. We upcycled paper plates into tamborines.
- **April 20th**: Celebrate Spring Crafternoon, North Vancouver Recreation & Culture. We crafted spring inspired art out of upcycled materials.

UPCYCLING WORKSHOPS (CON'T)

- **April 13th**: Earth Day Crafternoon, North Vancouver City Library. We made framed stained glass art out of upcycled cardboard, waxpaper and tissue paper.
- **February 18th**: Family Day Crafternoon, North Vancouver Recreation & Culture. We crafted frames out of junk for felted wool art.
- **February 9th**: Valentine's Day Crafternoon, North Vancouver City Library. We made Valentine's stationery out of cardboard, donated gift boxes and more.

2018

- **December 16th**: Christmas in the Village, North Vancouver Recreation & Culture in Lynn Valley Village. We upcycled wine corks into reindeer and snowman ornaments.
- **December 9th**: Christmas in the Village, North Vancouver Recreation & Culture. We repurposed cupcake liners into tree ornaments.
- **December 8th**: Christmas in Mexico Crafternoon, Guildford Library. We made ornaments out of popsicle sticks and scrap yarn.
- **December 1st**: Xmas Crafternoon, North Vancouver City Library. We repurposed popsicle sticks into Xmas trees.
- **October 27th**: Halloween Crafternoon, North Vancouver City Library. We upcycled Mason jars into spooky Halloween lanterns.
- **September 29th**: Culture Days Crafternoon, North Vancouver Recreation & Culture. We restyled shower curtain rings into art hangers and donated boxes into treasure chests.
- **September 23rd**: Rivers Day Event, City of North Vancouver. We made plantable DIY paper out of old newspapers and scrap paper.
- **September 15th**: NVCL's 10 Year Anniversary Crafternoon, North Vancouver City Library. We refashioned paper clips into funky pirate themed bookmarks.
- **July 25th**: Live & Local Culture Series 2018, North Vancouver Recreation & Culture. We restyled wooden dowels into funky musical instruments.
- **July 12th**: Live & Local Culture Series 2018, North Vancouver Recreation & Culture. We restyled wooden dowels into funky musical instruments.
- **July 11th**: Live & Local Culture Series 2018, North Vancouver Recreation & Culture. We repurposed paper plates into cymbals and shakers.
- **May 5th**: Mother's Day Crafternoon, Lupii Cafe. We made DIY bath salts and reusable packing for Mom. This event was part of my series through Crafting with Crap.
- **April 22nd**: Earth Day Crafternoon, Urban Repurpose. We decorated reclaimed wood planters and made planters out of upcycled metal bed springs. This event was part of my series through Crafting with Crap.
- **April 21st**: Earth Day Crafternoon, North Vancouver City Library. We painted rocks and restyled donated tiles to celebrate Earth Day.
- **April 18th**: NV Community Arts Council Volunteer Appreciation Event, North Vancouver Community Arts Council. I facilitated a simple macrame plant hanger project.
- **April 17th**: NVRC Volunteer Appreciation Event, North Vancouver Recreation & Culture. We painted on secondhand glass vases.
- **March 31st**: Easter Crafternoon with NVRC, North Vancouver Recreation & Culture. We crafted Easter baskets out of paper cups.
- **February 12th**: Making Memories Crafternoons, North Vancouver Recreation & Culture. We created frames for photos and felted wool art out of cardboard, popsicle sticks and tiles.
- **February 10th**: Valentine's Day Crafternoon, North Vancouver City Library. We upcycled cardboard tubes into love crackers, playing cards and paint sample cards into gift tags plus got creative with wire springs.

UPCYCLING WORKSHOPS (CON'T)

2017

- **December 16th**: Christmas Crafternoon, North Vancouver City Library.
- **December 9th**: Xmas Crafternoon, New Westminster Public Library.
- **October 14th**: Halloween Crafternoon, North Vancouver City Library.
- **September 30th**: Trash to Treasure Workshop, North Vancouver Recreation and Culture Commission.
- **September 30th**: Culture Jam Upcycling Workshop, North Vancouver Recreation and Culture Commission.
- **September 29th**: Culture Days Crafternoon, North Vancouver Recreation and Culture Commission.
- **September 16th**: Back to School Crafternoon, North Vancouver City Library.
- **September 10th**: Open House Upcycling Demo, RE/PURPOSE Vancouver.
- **August 3rd**: Live & Local Series, Parkgate Plaza. We refashioned wooden dowels into magic wands.
- **July 5th**: Live & Local Series, Lynn Valley Village. We upcycled cardboard tubes into shakers and drums.
- **June 24th**: TBD Upcycling Workshop, Delbrook Community Recreation Centre. We upcycled t-shirts into reusable bags and wine corks into boats.
- **May 6th**: Mother's Day Crafternoon, North Vancouver City Library. We upcycled tin cans into planters.
- **April 15th**: Easter Crafternoon with NVRC, Lynn Valley Village. We turned egg cartons into chicks and bunnies.
- **April 1st**: Adult Springtime Crafternoon, New Westminster Public Library. We upcycled Mason jars into vases, reusable gift packaging and home decor.
- **February 13th**: Family Day Crafternoon, North Vancouver City Library. We upcycled wine corks into characters and creatures.
- **February 4th**: Valentine's Day Crafternoon, North Vancouver City Library. We upcycled cereal boxes, tin cans, paper samples and wooden spools into DIY stationary and reusable packaging.

2016

- **December 18th**: Christmas Series, Lynn Valley Village. We upcycled small paper cups into bells and popsicle sticks into ornaments.
- **December 17th**: Carol Ships in Panorama Park, North Vancouver Community Arts Council. We crafted felt hearts as Xmas decorations.
- **December 17th**: Christmas Crafternoon, New Westminster Public Library. We upcycled wire hangers and burlap sacs into festive wreaths.
- **December 11th**: Christmas Series, Lynn Valley Village. We upcycled paper plates into Xmas trees.
- **December 10th**: Christmas Crafternoon, North Vancouver City Library. We upcycled tin cans, cereal boxes and donated items into Xmas decor.
- **December 3rd**: Xmas Crafts Using Recycled Materials, Guildford Library. We upcycled tin cans, Mason jars and cereal boxes into reusable Xmas packaging.
- **October 30th**: Paper That Grows Flowers and Veggies, City of Richmond. We made unique and functional cards embedded with flower and vegetable seeds that simply needed to be potted or planted to grow.
- **October 23rd**: Cork Creations, North Vancouver Community Arts Council. We upcycled wine corks into earring, pendants and decorative buttons.
- **October 22nd**: Halloween Crafternoon, North Vancouver City Library. We repurposed thrift store t-shirts into trick or treat bags.
- **October 21st**: Two upcycling workshops, Thesa Conference 2016. We upcycled thrift store sweaters and t-shirts into funky accessories and jewelry.
- **September 11th**: Repurpose Old T-Shirts or Skirts, City of Richmond. We created t-shirt yarn for hanging planters, headbands and rugs. We also upcycled t-shirts into reusable bags.
- **September 10th**: Back-2-School Crafternoon, North Vancouver City Library. We upcycled scrap wood into pendants and key chains with guest host Adea from Billy Would Designs.
- **August 3rd**: Live & Local Culture Series, Lynn Valley Village. We upcycled tin cans into musical shakers.

UPCYCLING WORKSHOPS (CON'T)

- **July 30th**: DIY Friendship Postcard Workshop - Session 2, North Vancouver City Library. We made postcards and new friends.
- **July 16th**: DIY Friendship Postcard Workshop - Session 1, North Vancouver City Library. We made postcards and new friends.
- **July 6th**: Live & Local Summer Culture Kick Off, Lynn Valley Village. We upcycled paper plates into fans and masks.
- **June 29th**: Earth Charter Day Celebration, Dudoc Canada. We made name tags out of 'junk' like cereal box cardboard, laminate samples and cardboard rounds.
- **June 19th**: Summer Solstice Block Party, Lynn Valley Village. We upcycled cereal boxes and wallpaper samples into awesome bunting for Dad.
- **June 5th**: Repurpose Old T-Shirts or Skirts, City of Richmond. We upcycled t-shirts into jewelry, bags and more.
- **April 30th**: Mother's Day Crafternoon, North Vancouver City Library. We upcycled cereal boxes and wallpaper samples into cards, books and photo frames for Mom.
- **April 9th**: Repurpose Old T-Shirts or Skirts, City of Richmond. We upcycled t-shirts into jewelry, bags and more.
- **March 29th**: 'Raw Crafts' Author Presentation, North Vancouver City Library. I shared my crafting with 'crap' story and what led up to the crafty book.
- **March 26th**: Easter in the Village, Lynn Valley Village.
- **March 22nd**: 'Raw Crafts' Book Launch, Book Warehouse. I gave a mini talk about TBD, crafting with 'crap', Crafternoons and the crafty book. Plus we crafted, mingled and I signed books.
- **March 19th**: Easter Crafternoon, North Vancouver City Library. We upcycled cereal boxes and wall
- **January 22nd**: Modern Macrame, Casual Friday Art Class series, North Vancouver Community Arts Council. We upcycled thrift store finds, old buttons, junk jewelry and jute into macrame planters.

2015

- **December 20th**: Community Carols and Christmas Singalong, Lynn Valley Village. We made Xmas reindeer out of upcycled wine corks.
- **December 19th**: Carol Ships Kids Activity, Deep Cove. We upcycled cereal boxes into Xmas ornaments.
- **December 13th**: Xmas Crafts Using Recycled Materials, Guildford Library. We made Xmas ornaments out of upcycled wool sweaters.
- **December 6th**: Tree Lighting and Santa, Lynn Valley Village. We upcycled cereal boxes and egg cartons into ornaments.
- **December 5th**: Xmas Crafternoon, North Vancouver City Library. We upcycled laminate samples, cereal boxes and thrift store ornaments into new and improved Xmas ornaments.
- **November 28th**: Repurpose Old Clothing - Christmas Theme, City of Richmond's Environmental Sustainability Workshop Series. We made ornaments, gifts and decor out of upcycled wool sweaters.
- **November 21st**: Upcycled Xmas Crafts Workshop, Bird on a Wire Creations. We upcycled wool sweaters into gift bags, wine bags and ornaments.
- **November 12th**: Xmas Crafternoon, Mamquam Elementary School. We made Xmas ornaments out of upcycled wool sweaters for an upcoming school fundraiser.
- **October 24th**: Halloween Crafternoon, North Vancouver City Library. We made masks and hats out of upcycled egg cartons and toilet paper rolls.
- **October 23rd**: Crafting with 'Crap' Upcycling Workshop, 2015 THESA Conference. We upcycled wine corks into funky jewelry.
- **September 13th**: Back to School Crafternoon, North Vancouver City Library. Participants created items out of upcycled wallpaper samples and adhesive vinyl.
- **September 12th**: DIY Thanksgiving Gift Basket, City of Richmond's Environmental Sustainability Workshop Series. We upcycled milk cartons, cereal boxes & toilet paper rolls into gift baskets.
- **August 21st**: Upcycling Summer Program, North Vancouver City Library. Participants created mobiles out of upcycled cereal boxes.

UPCYCLING WORKSHOPS (CON'T)

- **August 6th:** Village Arty Party, Civic Plaza. We upcycled wine corks into creatures.
- **July 26th:** Crafternoon: Mini Garden Planters, Homesteader's Emporium. We upcycled milk containers and burlap into planters.
- **July 17th:** Upcycling Summer Program, North Vancouver City Library. We upcycled glass containers and cereal boxes into aquariums.
- **July 8th:** Village Family Fun Fest, Lynn Valley Village. We upcycled wine corks and cereal boxes into boats.
- **June 20th:** Summer Solstice Block Party, Lynn Valley Village. I partnered North Vancouver Recreation and Culture Commission for a summer solstice craft station where we upcycled materials into fun summer masks, decor and more.
- **June 13th:** Father's Day Crafternoon, North Vancouver City Library. We upcycled wine corks into gifts plus made DIY stationery with repurposed cereal boxes.
- **May 21st:** Garden Upcycling: Make a Burlap Hanging Planter Workshop, GardenSmart. We upcycled burlap sacs and metal hangers into hanging planters.
- **April 18th:** Mother's Day Crafternoon, North Vancouver City Library. We made DIY stationery and gifts out of repurposed materials.
- **March 28th:** Easter Crafternoon, North Vancouver City Library. We upcycled burlap, glass containers, tin cans & cereal boxes into Easter baskets, decor & vases.
- **March 8th:** DIY Easter Gift Basket, City of Richmond's Environmental Sustainability Workshop Series. Creating DIY Easter baskets and decor by upcycling cereal boxes, toilet paper rolls & more.
- **February 19th to March 26th:** Crafting with 'Crap', Quest University Canada. A 6 evening continuing education class making things out of repurposed materials.
- **February 7th:** Valentine's Crafternoon, North Vancouver City Library. DIY stationery, packaging, garlands & decorations out of upcycled cereal boxes, burlap, wool sweaters, old magazines & buttons.
- **January 25th:** Upcycling Demo at 'Re-Purposeful', Our Social Fabric's live fashion show of recycled and repurposed clothing.
- **January 24th:** Repurpose Old Clothing - Valentine Theme, City of Richmond's Environmental Sustainability Workshop Series. Making decor, gifts & packaging out of repurposed old clothes.

2014

- **December 5th & 12th:** Christmas Crafting with Enviro Club, Ross Road Elementary. Creating Xmas crafts & ornaments out of 'junk'.
- **December 9th:** Xmas Crafts Using Recycled Materials, Guildford Library. Creating holiday gifts such as jewelry and picture frames using recycled materials.
- **November 29th:** Xmas Crafternoon, North Vancouver City Library. Upcycling discarded items to create holiday gifts and home décor pieces.
- **November 22nd:** DIY Cards for Christmas, City of Richmond's Environmental Sustainability Workshop Series. Using repurposed discarded items including old magazines and cereal boxes to make unique and personal holiday cards.
- **November 22nd:** Repurpose Old Clothing - Christmas Theme, City of Richmond's Environmental Sustainability Workshop Series. Upcycling unwanted clothing into Christmas ornaments, jewelry or a gift bag.
- **November 20th:** Make Jewelry & Accessories Out of Repurposed Materials, Trade School Vancouver Workshop. Making funky jewelry using repurposed materials - pendants out of metal washers, earrings out of wine corks or brooches out of wool sweaters.
- **October 25th:** Halloween Crafternoon, North Vancouver City Library. Creating Halloween costumes using repurposed materials.
- **October 8th:** Upcycling Project, Creative Expressions Art Nights. Upcycling cereal boxes into desk organizers and gift boxes.
- **September 27th:** 'Play with Words' Culture Days Upcycling Workshop. Creating words, banners and garlands using repurposed materials like burlap, scrap fabric, cardboard and paint.

UPCYCLING WORKSHOPS (CON'T)

- **September 14th**: DIY Stationery for Thanksgiving. Making unique holiday stationery and envelopes using repurposed discarded items including old magazines and cereal boxes.
- **September 14th**: DIY Thanksgiving Gift Basket. Making a holiday basket out of repurposed materials including cereal boxes, toilet paper rolls or egg cartons.
- **July 19th**: Upcycling Workshop with Our Social Fabric. Transforming old or damaged t-shirts into new items.
- **June 8th**: DIY Wood Pallet Organizer, Vancouver Mini Maker Faire Workshop. Upcycling salvaged wood and miscellaneous drawer pulls into a jewelry organizer.
- **June 8th**: Jewelry Out of 'Junk', Vancouver Mini Maker Faire Workshop. Repurposing wine corks and old wool sweaters into jewelry and accessories.
- **April 5th**: Easter Crafternoon, North Vancouver City Library. Upcycling cereal boxes, toilet paper rolls, wine corks and egg cartons into fun Easter projects.
- **January 25th**: Chinese New Year Crafternoon, North Vancouver City Library. Making lanterns, fortune cookies and envelopes out of repurposed 'junk'.
- **January 18th**: DIY Stationery, City of Richmond's Environmental Sustainability Workshop Series. Using supplied discarded items such as old magazines and cereal boxes to make stationery, envelopes and gift tags.
- **January 18th**: Repurpose Old Clothing, City of Richmond's Environmental Sustainability Workshop Series. Upcycling old t-shirts and sweaters into new purses, pillow covers and even jewelry and other accessories.

2013

- **December 8th**: Holiday Upcycle Workshop, Habitat for Humanity ReStore. Upcycling glass balls found in the ReStore into Xmas tree ornaments with the addition of buttons, junk jewelry, foliage and more.
- **December 7th**: Winter Crafternoon, Guildford Library. Updating old ornaments plus repurposed junk like old wool sweaters, egg cartons and cereal boxes into new ornaments.
- **December 1st**: Xmas Crafternoon, North Vancouver City Library. Updating old ornaments and repurposing discarded items into ornament and display pieces.
- **November 30th**: Xmas Crafternoon, North Vancouver District Library. Updating old ornaments and repurposing discarded items into ornament and display pieces.
- **October 20th**: Make Your Own Superhero Outfit Workshop, Trade School Vancouver. Making superhero outfits out of 'junk'.
- **August 25th**: Turning Garbage into Funky Jewelry Workshop, North Vancouver City Library. Creating jewelry from repurposed materials such as pieces of wood, wine corks, scrap paper & thrift store finds.
- **July 28th**: Upcycling Items from Your Recycle Bin Workshop, North Vancouver City Library. Upcycling items found in your household recycling bin such as cereal boxes, tissue boxes & toilet roll tubes.
- **June 15th**: Get Crafty Upcycling Workshop, North Vancouver District Library. Creating various items like funky creatures, purses and brooches out of old wool sweaters.

2012

- **December 16th**: Xmas Upcycling Workshop, North Vancouver City Library. Updating old ornaments and repurposing discarded items into ornaments and display pieces.
- **September 29th**: Culture Days Upcycling Workshop, North Vancouver City Library. Upcycling old maps into fridge magnets, envelopes, gift tags and cards.

PARTNERSHIPS

Bird on a Wire, City of Richmond, Culture Days, DIY or DIE, GardenSmart, Habitat for Humanity, New Westminster Public Library, North Vancouver City Library, North Vancouver Community Arts Council, North Vancouver District Library, North Vancouver Recreation and Culture Commission, Our Social Fabric, RE/PURPOSE Vancouver, Quest University Canada, Surrey Library, Trade School Vancouver and Urban Repurpose.

ACKNOWLEDGMENTS

- Panelist, Neighbourhood Small Grants Summit, Vancouver, BC (2016), www.neighbourhoodsmallgrants.ca
- Grant Recipient, Neighbourhood Small Grants, North Vancouver, BC (2013-2017), www.neighbourhoodsmallgrants.ca
- BC Ambassador, Culture Days, Canada (2013), www.culturedays.ca
- Panelist, Craft, the Environment & Community, Craft Council of BC, Vancouver, BC (2013), www.craftcouncilbc.ca
- Featured Photographer, The Instagram-O-Rama Fundraiser, Vancouver, BC (2013)

VOLUNTEERSHIP

- Upcycling Project Leader with Capilano University Sustainability Department, North Vancouver, BC (2016-2017)
- Adult Advisory Committee, North Vancouver City Library, North Vancouver, BC (2015-2017)
- Resident Advisory Committee, Neighbourhood Small Grants, North Vancouver, BC (2014, 2016 & 2017)
- Upcycling Crafternoon, Keys: Housing and Health Solutions, Surrey, BC (2014)
- Lunchtime Crafternoon with Environment Club, École Ross Road Elementary, North Vancouver, BC (2013 & 2014)
- Photography Donation, The Instagram-O-Rama Fundraiser, Vancouver, BC (2013)
- Art Donation, Langara College Art Auction 'Art-fully Yours', Vancouver, BC (2011 & 2012)

INSTRUCTIONAL EXPERIENCE

- Workshop Facilitator, Upcycling Crafternoons, Vancouver, BC (2012 to present), www.thriftybydesign.ca
- Instructor, Crafting with 'Crap', Squamish, BC (2015), www.questu.ca
- Instructor, Introduction to Dreamweaver MX, Langara College, Vancouver, BC (sessional, 2003 to 2004), www.langara.bc.ca
- Instructor, New Media Mentor, Vancouver Film School, Vancouver, BC (sessional, 2002), www.vfs.com
- Teacher's Assistant, Introduction to 3-D Animation, Vancouver Film School, Vancouver, BC (sessional, 1998), www.vfs.com

EDUCATION HIGHLIGHTS

- User Experience Design Certificate, Brainstation, Vancouver, BC (2021), www.brainstation.io
- Community Capacity Building Citation, Capilano University, North Vancouver, BC (2016), www.capilanou.ca
- Certificate of Recommendation in New Media, Vancouver Film School, Vancouver, BC (1998), www.vfs.com
- Bachelor of Fine Arts, Major: Painting, Alberta College of Art and Design, Calgary, AB (1995), www.acad.ca
- Studio Art Diploma, Capilano College, North Vancouver, BC (1991), www.capilanou.ca